

2023 U.S. Masters Swimming 5k Virtual Championship Final Results Women

Age Group	Place	First Name	Last Name	Age	Club Abbr	USMS Number	Time	Quality Points	New Record
18-24	1	Dea	Sustaita	18	WSC	503T-1AVGU	1:29:11.99	719	
25-29	1	Cathleen	Pruden	29	AAMAH	4338-0VWBT	1:18:39.77	834	
25-29	2	Megan	Howson	27	SPM	1430-8BV09	1:20:35.76	814	
25-29	3	Kelly	Deuser	25	SPM	1430-0AZS3	1:23:57.99	782	
25-29	4	Yun	Li	29	PSM	3631-XZE1T	1:32:13.99	712	
30-34	1	Ilsa	Feierabend	31	OREG	3732-69VC2	1:12:39.94	867	
30-34	2	Stacey	Monroe	33	PALM	553V-0B2JO	1:16:52.00	820	
30-34	3	Emily	Arcuri	31	OREG	373Y-ZTBJR	1:16:54.27	820	
30-34	4	Carrie	Whisel	31	SCITY	113A-0AFDX	1:21:57.09	769	
30-34	5	Beth	McBride	33	MEMO	383N-4YVNP	1:28:21.86	713	
35-39	1	Allison	Retotar	36	SPM	1432-088S8	1:15:25.99	841	
35-39	2	Sarah	Swoch	38	SPM	1436-02TVT	1:16:41.82	828	
35-39	3	Kay	Wakeman	36	CM-Y	123S-074ZM	1:28:49.50	715	
35-39	4	Lauren	Greenfield	35	UC11	113N-AWFYK	1:32:41.00	685	
35-39	5	Lina	Bot	37	WSC	5035-38JDX	2:17:04.08	463	
35-39	6	Jessica	Fuller	39	AAMAH	433B-4D94P	2:26:21.57	434	
40-44	1	Shelley	Gajus	44	UC15	1533-3VRMW	1:15:43.66	830	
40-44	2	Sarah	Harriman	40	PALM	5531-0A663	1:16:21.29	824	
40-44	3	Marcela	Rueda	41	SRM	3830-03YSX	1:17:15.19	814	
40-44	4	Megan	Peterson	40	SDPM	5439-046CK	1:17:23.03	813	
40-44	5	Stephanie	Gibson	40	SPM	143N-H37MJ	1:17:36.00	810	
40-44	6	Helene	Nehrebecki	43	DAM	3838-06JFA	1:18:30.70	801	
40-44	7	Poem	Turner	41	GTX	4336-6Z26S	1:33:48.99	670	
45-49	1	Stephanie	Henry	49	IM	213W-09R25	1:17:24.58	833	
45-49	2	Michelle	McRae	48	PSM	363U-04FBZ	1:17:52.15	828	
45-49	3	Carrie	Hahnel	45	MEMO	383F-GXNY5	1:17:52.99	828	
45-49	4	Heather	Fisher	49	TPIT	113B-001PT	1:20:01.88	805	
45-49	5	Marlis	Sidletsky	48	PALM	5538-05P2K	1:29:19.53	722	
45-49	6	Monica	Clarke	48	AAMAH	4334-04KVT	1:32:31.45	697	
45-49	7	Amanda	Castle	48	IM	213N-062JD	1:34:17.07	684	
45-49	8	Christina	Davis	49	IFM	593C-06KWC	1:37:37.39	660	
45-49	9	Mary Frances	Kopcho	47	AAMAH	4338-567YN	2:10:40.09	493	
50-54	1	Haleigh	Werner	54	PSM	3634-02M0U	1:10:41.19	927	
50-54	2	Paula	Texel	53	SPM	143K-0625D	1:13:10.00	895	
50-54	3	Suzanne	Dearworth	51	PBM	5035-027H7	1:18:07.21	839	
50-54	4	Megan	James	52	MICH	1931-006J2	1:18:43.99	832	
50-54	5	Cheryl	Morgen	54	OREG	373M-026FA	1:23:46.99	782	
50-54	6	Tina	Voight	54	MEMO	383R-06T52	1:33:09.99	703	
50-54	7	Tina	Calub	50	IM	213X-G4AEA	1:35:43.54	684	
50-54	8	Marnie	Walth	54	AQST	5233-091SF	1:35:52.00	683	
50-54	9	Chandra	Kelley	50	AAMAH	433R-0663T	1:39:12.99	660	
50-54	10	Tina	Holmes	53	AQST	523B-09MG2	1:50:25.99	593	
55-59	1	Marcia	Cleveland	59	IM	213B-MC944	1:19:16.06	815	
55-59	2	Stephanie	Couch	59	MELO	3830-03UKW	1:19:35.60	812	
55-59	3	Sallie	Bartkowiak	58	MICH	193M-0A1DG	1:19:55.06	809	
55-59	4	Sheila	Nelson	55	SRM	383R-024PJ	1:22:23.35	785	
55-59	5	Robin	Bulman	58	SRM	383W-07MHY	1:22:35.09	783	
55-59	6	Karen	Lundgren	59	IM	213C-09E7N	1:23:07.72	778	
55-59	7	Dawn	Clark	59	SPM	143C-05VRX	1:27:20.00	740	
55-59	8	Cathy	Goodwin	58	PBM	503C-08CWV	1:41:15.99	638	
55-59	9	Jennifer	Phalen	59	DAM	383N-JENNY	1:43:04.21	627	
55-59	10	Heather	Kemp	57	SKY	413M-2TJ9X	1:56:05.71	557	

<b>55-59</b>	11	Sherri	Bogue	59	SPM	143C-SBSWM	2:02:03.00	530	
<b>60-64</b>	1	Kelly	Parker Palace	62	MELB	143T-KERTY	1:10:14.65	994	
<b>60-64</b>	2	Kimberly	Elsbach	60	GFDM	3831-D0NUT	1:14:54.90	932	
<b>60-64</b>	3	Jane	Russell	60	DAM	383V-074TS	1:28:23.99	789	
<b>60-64</b>	4	Judy	Caves	63	MLAC	1133-01JMF	1:31:10.99	765	
<b>60-64</b>	5	Catherine	Taylor	60	WCM	383M-081Y6	1:38:22.59	709	
<b>60-64</b>	6	Donna	Anderson	64	PBM	5038-024NG	1:41:52.00	685	
<b>65-69</b>	1	Karen	Einsidler	67	SHARK	1432-01S73	1:14:17.50	996	
<b>65-69</b>	2	Tamara	Burton	65	PBM	503U-099CG	1:22:25.99	897	
<b>65-69</b>	3	Suzanne	Mittermeier	66	UC11	113W-NG7DD	1:22:26.27	897	
<b>65-69</b>	4	Janet	Siniscalchi	67	PBM	503U-079VZ	1:37:35.48	758	
<b>65-69</b>	5	Jeanna	Summers	69	OREG	3739-000PT	1:38:49.34	748	
<b>65-69</b>	6	Maddie	Diedo	65	MICH	1930-028U9	1:40:50.96	733	
<b>65-69</b>	7	Pamela	Ogden	66	MINN	303U-024JH	1:48:18.99	683	
<b>70-74</b>	1	Shirley	Loftus-Charley	72	CM-Y	123F-WATER	1:20:15.06	983	
<b>70-74</b>	2	Catherine	Rust	70	PBM	503X-06WNH	1:27:34.99	901	
<b>70-74</b>	3	Jill	Wright	72	SAWS	5934-01J02	1:47:16.06	735	
<b>70-74</b>	4	Linda	Callaway	70	MOST	433B-02NEV	1:51:21.60	708	
<b>70-74</b>	5	Christine	Ellis	73	AAMAH	4333-V969U	2:24:37.90	545	
<b>75-79</b>	1	Joanne	Menard	75	MMAC	483F-02F1Y	1:33:14.02	1,034	Y
<b>75-79</b>	2	Andrea	Hunt	75	PSM	363E-0365H	1:44:03.35	926	
<b>75-79</b>	3	Susan	Paris	77	O*H*	1830-01WC8	2:00:13.35	802	
<b>75-79</b>	4	Judy	Paukert	75	MOST	4338-02NR1	2:23:59.30	669	